

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Lucy Kelly</b> <b>Recreation Manager</b> <b>236-426-1488 (ex. 22230)</b> <b>Lucy.Kelly@optimaliving.ca</b>					11:00 Balloon Games <b>1</b> 3:00 Afternoon Travels	9:30 Morning Lights <b>2</b> and Laughter
9:30 - Church Service <b>3</b>	3:30 Chicken Soup for the Soul <b>4</b>	10:00 All Fun and Games (Main) <b>5</b> 1:00 Outdoor Adventures 3:00 Reminisce	10:00 Toss Game <b>6</b> 3:00 Brain Boosters	10:00 Musical Moments with Lyn <b>7</b> 3:00 Happy Birthday Social 5:30 Travel'n Tunes	11:00 Balloon Games <b>8</b> 3:00 Afternoon Travels	9:30 Morning Lights <b>9</b> and Laughter
9:30 - Church Service <b>10</b>	10:00 Mind & Movement <b>11</b> 1:00 Outdoor Adventures	10:00 Fit and Fun <b>12</b> 1:00 Outdoor Adventures	10:00 Toss Game <b>13</b> 3:00 Brain Boosters	<b>9:30 Cycle Without Age *</b> 2:00 In Honour of Glen Campbell 5:30 Travel'n Tunes	11:00 Balloon Games <b>15</b> 3:00 Afternoon Travels	9:30 Morning Lights <b>16</b> and Laughter
9:30 - Church Service <b>17</b>	<b>10:00 Boat Trip</b> <b>18</b>	10:00 All Fun and Games (Main) <b>19</b> 1:00 Outdoor Adventures 3:00 Reminisce	10:00 Toss Game <b>20</b> 3:00 Brain Boosters	<b>9:30 Cycle Without Age *</b> <b>21</b> 10:00 Active Game 2:00 Armchair Travel to Kenya 5:30 Travel'n Tunes	11:00 Balloon Games <b>22</b> 3:00 Afternoon Travels	9:30 Morning Lights <b>23</b> and Laughter
9:30 - Church Service <b>24</b>	10:00 Mind & Movement <b>25</b>	10:00 Fit and Fun <b>26</b>	10:00 Toss Game <b>27</b> 1:30 Outdoor Adventures 3:00 Brain Boosters	1:00 Coverall <b>28</b> 6:30 Pub Night with Bob King	11:00 Balloon Games <b>29</b> 3:00 Afternoon Travels	9:30 Morning Lights <b>30</b> and Laughter
9:30 - Church Service <b>31</b>						